



## 2008 SYRACUSE ELEMENTARY VOLLEYBALL

It's time to start elementary volleyball for grades 3-6!!! Third grade is new this year!!! Participants will learn the basic volleyball skills – pass, set, spike, serve, rules, rotations, etc... Some Saturday practices will consist of clinics with the high school girl's volleyball team. A parent coach will have at least one practice with the girls during the week. To sign up, fill out the waiver sent home from school or print off the waiver from the internet and send in ASAP. If you have questions, please contact the Parks & Rec Department at 402-269-2601 or [parksandrec@syracusene.com](mailto:parksandrec@syracusene.com). The Syracuse Parks & Rec website is [www.syracusene.com](http://www.syracusene.com).

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b><u>SEPTEMBER</u></b>	8 <u>Practice @ Ele</u> 5:30-6:30 – 3 <sup>rd</sup>	9 <u>Practice @ Ele</u> 5:30-6:30 – 4 <sup>th</sup> 6:30-7:30 – 5 <sup>th</sup>	10	11 <u>Practice @ Ele</u> 5:30-6:30 – 6 <sup>th</sup>	12	13
14	15 <u>Practice @ Ele.</u> 3:30-4:30 – 3 <sup>rd</sup>	16 <u>Practice @ Ele</u> 5:30-6:30 – 4 <sup>th</sup> 6:30-7:30 – 5 <sup>th</sup>	17	18 <u>Practice @ Ele</u> 5:30-6:30 – 6 <sup>th</sup>	19	20 <u>Practice @ HS</u> 9-10:00 – 3 <sup>rd</sup> 10-11:00 – 4 <sup>th</sup> 11-12:00 – 5 <sup>th</sup> 12-1:00 – 6 <sup>th</sup>
21 Locations and times may be subject to change after the 21 <sup>st</sup> due to play practice in the elementary gym. Your coach will let you know of any changes!	22 <u>Practice @ Ele</u> 5:30-6:30 – 3 <sup>rd</sup>	23 <u>Practice @ Ele</u> 5:30-6:30 – 4 <sup>th</sup> 6:30-7:30 – 5 <sup>th</sup>	24	25 <u>Practice @ Ele</u> 5:30-6:30 – 6 <sup>th</sup>	26	27 <u>Practice @ HS</u> <u>W/ VB Team</u> 9:00 - 10:00 – 3 <sup>rd</sup> & 4 <sup>th</sup> 10:00- 11:00 – 5 <sup>th</sup> & 6 <sup>th</sup>
28	29 <u>Practice @ Ele.</u> 3:30-4:30 – 3 <sup>rd</sup>	30 <u>Practice @ Ele</u> 5:30-6:30 – 4 <sup>th</sup> 6:30-7:30 – 5 <sup>th</sup>				
<b><u>OCTOBER</u></b>			1	2 <u>Practice @ Ele</u> 5:30-6:30 – 6 <sup>th</sup>	3	4 <u>Practice @ Ele.</u> <u>W/ VB Team</u> 9:00 - 10:00 – 3 <sup>rd</sup> & 4 <sup>th</sup> 10:00- 11:00 – 5 <sup>th</sup> & 6 <sup>th</sup>
5	6 <u>Practice @ Ele</u> 5:30-6:30 – 3 <sup>rd</sup>	7 <u>Practice @ Ele</u> 5:30-6:30 – 4 <sup>th</sup> 6:30-7:30 – 5 <sup>th</sup>	8	9 <u>Practice @ Ele</u> 5:30-6:30 – 6 <sup>th</sup>	10	11 <b>FUN DAY!!!</b> All grades 9:00-11:00
12	13 <u>Practice @ Ele.</u> 3:30-4:30 – 3 <sup>rd</sup>	14 <u>Practice @ Ele</u> 5:30-6:30 – 4 <sup>th</sup> 6:30-7:30 – 5 <sup>th</sup>	15	16 <u>Practice @ Ele</u> 5:30-6:30 – 6 <sup>th</sup>	17	18