

# ***2009 ELEMENTARY VOLLEYBALL RULES***

Nebraska High School rules will be used with the exceptions listed below:

**GAME** - All games will consist of the best two (2) out of three (3) sets. First serve shall be decided by a toss of the coin. Sets will be played to 25, win by 2 with no cap on winning score. Two 60 –second time outs will be allowed per game with no additional time outs during overtime.

**SERVING** - A server may serve from the regular base line or from the special marked line (5-feet in from the base line). If the server misses their first serve only, no point will be allowed and they will serve again. If the server selects the special marked line and serves three (3) consecutive balls in, she must move to the regulation base line. After five (5) consecutive serves by the same team, the serve will be switched to the other team.

**EQUIPMENT** - Volley-lites will be the official ball for league play. Visiting teams are not required to bring their own volleyballs. The Parks and Recreation Department will have some available. Uniforms are not required for teams.

**OFFICIATING** - If needed, each team must provide a scorekeeper and a line judge to assist with the game. The line judge and scorekeeper should report to the referee for instructions prior to the game.

**SUBSTITUTING** – Since this is a recreational league, teams are allowed to substitute into the back row after a serve each rotation in the same order – or – they can substitute per the high school rules. Please let the scorekeeper know what method you plan to use.

All games will be played at Syracuse High School with the main gym split into two courts. Seating will be limited. Teams will have a minimum of 2 games per day. Games will start at 9:00 a.m. Warm ups between games will be 2 (home)-2 (visitor)-1 (serving). **Games will start early if we are running ahead. Please be prepared to play!!!**

This information is also available online at [www.syracuse.com](http://www.syracuse.com).