

# Germanfest 5K Run & Youth Fun Mile

Saturday, July 11, 2009

Presented by the



Please Print. One entry per person

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Birth Date \_\_\_\_\_ Phone Number \_\_\_\_\_

Email \_\_\_\_\_

Fun Run T-shirt (Check one)

Youth Sizes S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_

Adult Sizes S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ 2XL \_\_\_\_\_

Event (Circle one)

5K Run                      Youth Fun Mile

Age Division

Male

Female

14 & under \_\_\_\_\_

14 & under \_\_\_\_\_

15-34 \_\_\_\_\_

15-34 \_\_\_\_\_

35-49 \_\_\_\_\_

35-49 \_\_\_\_\_

50+ \_\_\_\_\_

50+ \_\_\_\_\_

**Release and Waiver (Please read and sign)**

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although the course will be monitored, there could be traffic on the course route; therefore, I assume the risk of running in traffic. I also assume there are other risks associated with running this event. I understand I am solely responsible for my own safety while traveling to and from and participated in this event.

I hereby declare myself in good physical condition and able to run or walk in the Syracuse Germanfest 5K Run or Youth Fun Mile. I do hereby waive and release the individuals associated with

this event, its agencies, representative, successors and assigns, from any claims for damages of any nature, including personal injury that I may incur as a result of my participation.

Signature \_\_\_\_\_

Signature (parent or legal guardian must co-sign in under 18 years of age)

\_\_\_\_\_

## Germanfest 5K Run & Youth 2K Information

Come join us to walk or run on Saturday, July 19<sup>th</sup> at 8:00 a.m. The Germanfest Fun Runs will consist of a 5K Run or Walk and a Youth Fun Mile Run or Walk. Proceeds from the events will go directly to the Syracuse Jaycees Community Project Fund and the Syracuse Jaycees Scholarship Fun. The runs will be held in conjunction with the Syracuse Germanfest Activities. For more information visit: [www.syracusene.com/tourism\\_germanfest.asp](http://www.syracusene.com/tourism_germanfest.asp)

### Registration Information

Pre-registration deadline is June 26, 2009. Pre-registration ensures a place in the run and a t-shirt on race day.

**Youth Fun Mile Info:** Pre-registration is only required for the Youth Fun Mile if the participant desires a t-shirt. Participants in the Youth Fun Mile not wanting a t-shirt can enter the race by bringing a can of food for the food pantry on race day.

### Registration fees: (No Refunds)

Pre-registration for 5K Run - (must be postmarked by June 26<sup>th</sup>) - \$20.00

5K Run Registration (postmarked after June 26<sup>th</sup> or race day): \$25.00

Youth 2K Pre-registration – with t-shirt (postmarked by July 3<sup>rd</sup> – 14 and under): \$12.00

Youth 2K Registration – with t-shirt (postmarked after June 26<sup>th</sup> or race day): \$15.00

Registration Fees include: registration for race, t-shirt, water bottle, and breakfast ticket to pancake feed.

Registrations may be mailed to: Germanfest Fun Runs, Attn: Carrie Simon, 344 Elm, Syracuse, NE 68446

Unregistered runners participate at their own risk and will not be timed or receive any race treats or benefits.

### Race Information:

Registration and race start/finish lines will be held near the intersection of 5<sup>th</sup> and Mohawk in Syracuse.

The course of the run will take runners through the community of Syracuse, including the “Bike/Walk Path”, a project of the Syracuse Jaycees. The course is mainly flat, but does contain some hills. The final stretch is down 5<sup>th</sup> Street through the Germanfest Activities.

The 5K Run and Youth Fun Mile will start and finish at the same location. Race maps will be posted on the Syracuse website listed above.

### Race Schedule:

Race Day Registration/Pre-registration Check-in: 8:00 to 8:25 A.M.

Youth Fun Mile starts at 8:30 A.M.

5K Run/Walk starts at 8:45 A.M.

Climate/Weather Considerations:

The average high temperature on July 19<sup>th</sup> is 89 degrees. The average low is 65 degrees. The race will be held rain or shine. The event will only be postponed or cancelled in the event of lightning.

Event Categories:

Youth Fun Mile: Boys 14 & under

Girls 14 & under

5K Run/Walk: Men 15-34

Men 35-49

Men 50+

Women 15-34

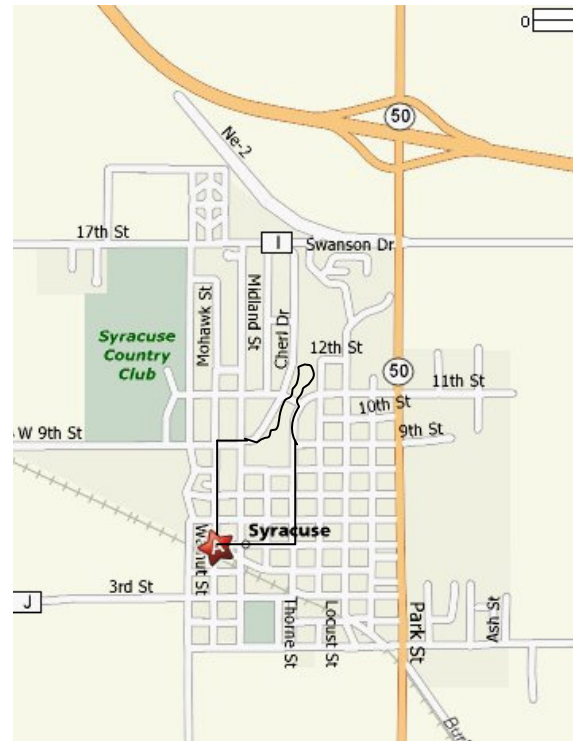
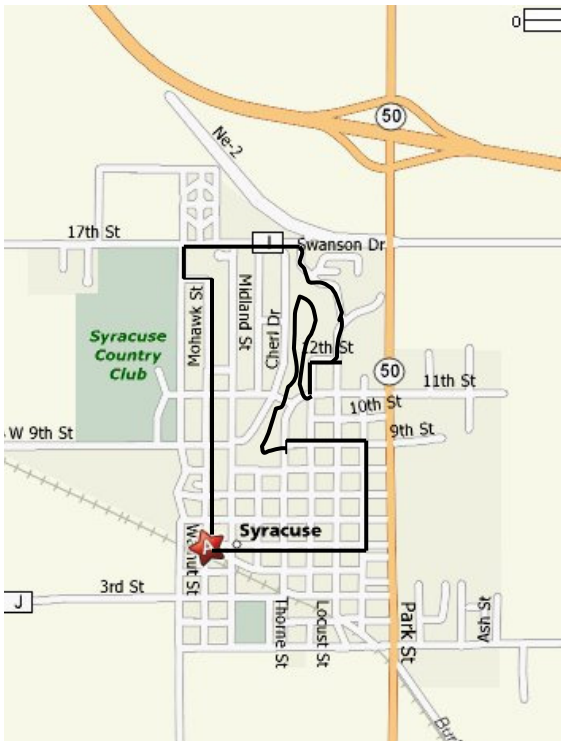
Women 35-49

Women 50+

Awards/Awards Ceremony:

Awards will be presented to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place finishers in each event category. Awards will be presented at 10:00 on the Germanfest Main Stage. Only registered runners or youth participants bringing a can of food are eligible for awards.

Maps:



5K Run Route – Start and finish at star.  
 After start, runners will head north on Mohawk.  
 Race will use the long loop on the bike/walk path.  
 Race will enter the bike/walk path near 11<sup>th</sup> & Chestnut  
 on Chertl Drive  
 Race will exit bike/walk path near 9<sup>th</sup> and Chestnut.  
 9<sup>th</sup> and Chestnut

Youth 2K Route – Start and finish at star  
 After start, runners will head north on  
 Race will use the short loop on  
 Race will enter the bike/walk path  
 Race will exit bike/walk path near

**Event Sponsors:**

**First National Bank & Trust - Syracuse**