

Germanfest 5K Run & Youth Fun Mile

Saturday, July 10, 2010



Presented by the

Please Print. One entry per person

Name _____

Address _____

City _____ State _____ Zip _____

Birth Date _____ Phone Number _____

Email _____

Fun Run T-shirt (Check one)

Youth Sizes S _____ M _____ L _____ XL _____

Adult Sizes S _____ M _____ L _____ XL _____ 2XL _____

Event (Circle one)

Age Division

5K Run

Youth Fun Mile

Male

Female

14 & under _____

14 & under _____

15-29 _____

15-29 _____

30-44 _____

30-44 _____

45+ _____

45+ _____

Release and Waiver (Please read and sign)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that, although the course will be monitored, there could be traffic on the course route; therefore, I assume the risk of running in traffic. I also assume there are other risks associated with running this event. I understand I am solely responsible for my own safety while traveling to and from and participated in this event.

I hereby declare myself in good physical condition and able to run or walk in the Syracuse Germanfest 5K Run or Youth Fun Mile. I do hereby waive and release the individuals associated with this event, its agencies, representative, successors and assigns, from any claims for damages of any nature, including personal injury that I may incur as a result of my participation.

Signature _____

Signature (parent or legal guardian must co-sign in under 18 years of age)

Germanfest 5K Run & Youth Fun Mile Information

Come join us to walk or run on Saturday, July 10th at 8:00 a.m. The Germanfest Fun Runs will consist of a 5K Run or Walk and a Youth Fun Mile Run or Walk. Proceeds from the events will go directly to the Syracuse Jaycees Community Project Fund and the Syracuse Jaycees Scholarship Fund. The runs will be held in conjunction with the Syracuse Germanfest Activities. For more information visit:

www.syracusene.com/tourism_germanfest.asp

Registration Information

Pre-registration deadline is June 26, 2010. Pre-registration ensures a place in the run and a t-shirt on race day. Registration after June 25th does not ensure a t-shirts, as only a limited supply will be ordered.

Youth Fun Mile Info: Pre-registration is only required for the Youth Fun Mile if the participant desires a t-shirt.

18 and Under Participants - not wanting a t-shirt can **enter the either race by bringing a can of food** for the food pantry on race day. These racers will receive a water bottle only. **ALL participants under 18 must have a parent or legal guardian sign the liability release.**

Registration fees: (No Refunds)

Pre-registration for 5K Run - (must be postmarked by June 25th) - \$20.00

5K Run Registration (postmarked after June 25th or race day): \$25.00

Youth Fun Mile Pre-registration – with t-shirt (postmarked by June 25th – 14 and under): \$12.00

Youth Fun Mile Registration – with t-shirt (postmarked after June 25th or race day): \$15.00

Registration Fees include: registration for race, t-shirt, water bottle, and breakfast ticket to pancake feed.

Registrations may be mailed to: Germanfest Fun Runs, Attn: Carrie Simon, 2967 Country Ridge Lane, Syracuse, NE 68446

Unregistered runners participate at their own risk and will not be timed or receive any race treats or benefits.

Race Information:

Registration and race start/finish lines will be held near the intersection of 5th and Mohawk in Syracuse.

The course of the run will take runners through the community of Syracuse, including the “Bike/Walk Path”, a project of the Syracuse Jaycees. The course is mainly flat, but does contain some hills. The final stretch is down 5th Street through the Germanfest Activities.

The 5K Run and Youth Fun Mile will start and finish at the same location. Race maps will be posted on the Syracuse website listed above.

Race Schedule:

Race Day Registration/Pre-registration Check-in: 8:00 to 8:15 A.M.

Youth Fun Mile starts at 8:15 A.M.

5K Run/Walk starts at 8:30 A.M.

Climate/Weather Considerations:

The race will be held rain or shine. The event will only be postponed or cancelled in the event of lightning.

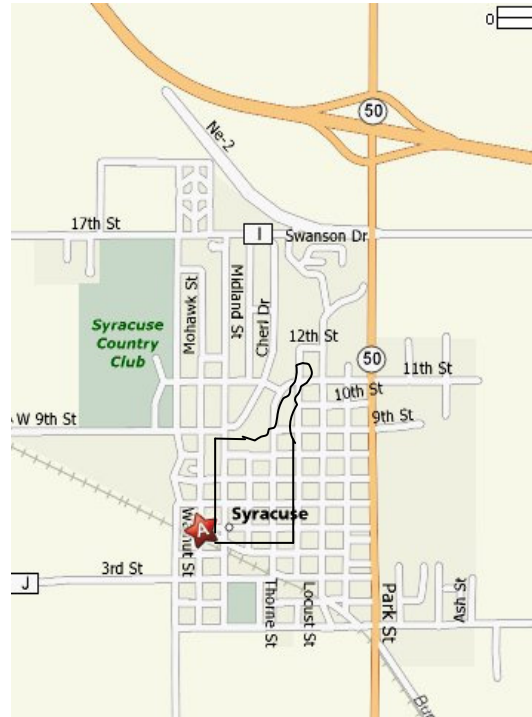
Event Categories:

Youth Fun Mile: Boys 14 & under
Girls 14 & under
5K Run/Walk: Men 15-29
Men 30-44
Men 45+
Women 15-29
Women 30-44
Women 45+

Awards/Awards Ceremony:

Awards will be presented to the 1st, 2nd and 3rd place finishers in each event category. Awards will be presented at 10:00 on the Germanfest Main Stage. Only registered runners or youth participants bringing a can of food are eligible for awards.

Maps:



5K Run Route – Start and finish at star.

After start, runners will head north on Mohawk.

Race will use the long loop on the bike/walk path.

Race will enter the bike/walk path near 11th & Chestnut

Race will exit bike/walk path near 9th and Chestnut.

Youth Fun Mile Route – Start and finish at star

After start, runners will head north on Mohawk.

Race will use the short loop on the bike/walk path,

Race will enter the bike/walk path on Cherl Drive

Race will exit bike/walk path near 9th and Chestnut